

# Christian Healing Ministries

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VOLUME 2, ISSUE 3

DECEMBER 1988

*My friends will tell you that I find it hard to talk about financial needs. In part, it's my background. I've gotten over not talking about religion and politics, but finances are still hard. Like many of you, I react strongly against manipulative financial appeals. When we lived in Dunedin, Florida, I used to pray almost every night with a friend who had terminal cancer. I spent time with him; yet his contributions went to TV evangelists whom he had never met. I never told my friend how I felt. After all, Jesus had said, "Freely you received, freely give". (Mt. 10:8) But friends urge me to tell you what our financial status really is, so that you might have the knowledge you need to make a wise, prayerful decision on whether you wish to help us.*

*First, I want to thank all of you who have helped us generously in the past. Several of you have regularly made substantial contributions during the Christmas season, and for that we are especially grateful.*

*Second, we need to clear up a misconception about our income: that we are subsidized by the Episcopal Diocese of Florida. We have received every possible encouragement and moral support from Bishop Frank Cerveney and his wife Emmy. But because we are an ECUMENICAL center, and NOT part of the Diocese, the Episcopal Church does not help us financially. CHM receives one-third of what we need through our speaking engagements and tape sales. The other 2/3 must come through contributions. We are careful about our budget, and we have a dedicated staff, most of whom make salaries of \$12,000 per year. They stay because they believe in CHM.*

*At this time, four considerations make our financial needs especially urgent.*

*1) Our interim, non-salaried administrator, Larry Brook, has now moved on. We miss him greatly. We must find a new administrator - and a salary.*

*2) In 1987 we received two foundation grants totaling \$65,000. Since they were one-time grants, we have that much less to meet our expenses.*

*3) Last year, the diocese donated two rooms in St. John's Cathedral. Now we have moved forward in purchasing our new center. Through your generosity in responding to last year's appeal, we had enough to make the down payment and renovate several offices. Beginning this month, we need \$640 per month, plus two lump sum payments of \$6,600 and \$7,200, plus interest due each year in the spring.*

*4) Only when we are in a stronger financial position can we bring in the prayer counsellors we desire to enable us to pray for the sick and hurting people who call us for appointments. At the present time we are not able to offer a salary to Sister Jeanne Hill who has been with us much of the time since February.*

*We have always managed to pay our bills on time. In addition, we tithe to the poor. Nevertheless, as I write this, we have only enough funds to cover expenses for two more weeks.*

*So, we do need your help. If the Lord so inspires you, we would greatly appreciate your special contribution - and if possible, a regular contribution that will help us throughout the year - for what we fervently believe is God's work.*

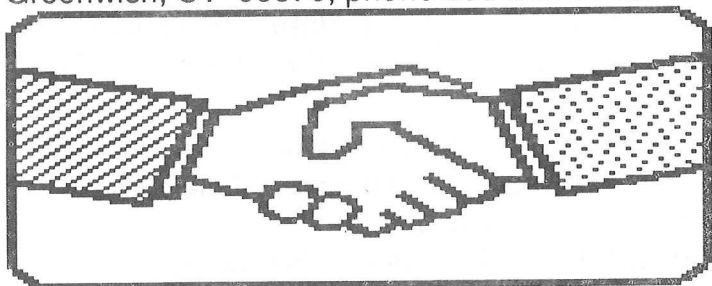
*Sincerely yours in Christ,  
Francis MacNutt*

## Major Weekend Conference in New Jersey **INTRODUCTION TO HEALING**

Our northeastern partners, FISHNET, have been working together with friends of Christian Healing Ministries in the greater New York area to prepare a major weekend conference to be held March 31 through April 2. We expect about 1,000 people to participate. Francis and Judith will spearhead the presentations, giving a basic orientation to prayer for healing. The team in the northeast is preparing worship and healing services, prayer teams to minister with people, and a bookstore to make a wide array of resources available.

Following the conference, participants will be invited to take part in one of the monthly FISHNET support and training groups located all around the northeast.

If you or people you know in the northeast could benefit by this opportunity, please pass on the word and get their registration in early. For further information, and to register, please contact Elizabeth Janicki, Registrar, 29 Tomac Ave., Old Greenwich, CT 06870, phone 203-637-0739.

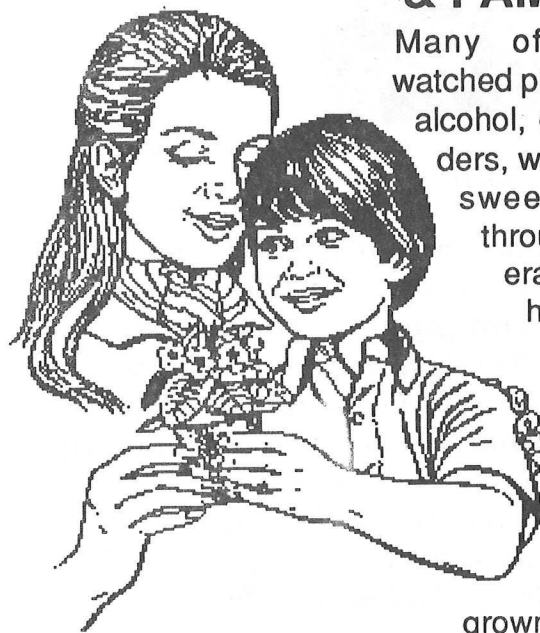


## **Volunteer Teamwork Supports Newsletter & Bookstore**

Several aspects of Christian Healing Ministries involve volunteers from across the country, supporting the ministry and seeking to reduce expenses. For example, this newsletter was laid out, printed and mailed by our teammates in FISHNET in the northeast. Notice also our conference in New Jersey, to be hosted by many volunteers.

Our book and tape ministry now has two locations operated by volunteers. In Fair Haven, Vermont, **Cindy & Marsh Hudson-Knapp**, have been managing a small shop, conference sales and mail order sales for several years. Since this summer, **Wendy Baker**, also a volunteer, has been managing the shop, mail order sales and conference sales from the center in Jacksonville.

## February Conference offers **HELP FOR HURTING PEOPLE & FAMILIES**



Many of us have watched problems with alcohol, eating disorders, work-a-holism sweep down through the generations. We have experienced the inner wounds and broken patterns of family life that have grown out of long-

term illness in the family. We know the pains of abuse. Recent studies suggests that **96% of all Americans** suffer from the effects of addictions and growing up in families that don't work right ("Dysfunctional Families").

The prophet Ezekiel declared, "Why do you keep repeating this proverb in the land of Israel: 'The fathers have eaten sour grapes and the children's teeth are set on edge'? As I live - it is the Lord Yahweh who speaks - there will no longer be any reason to repeat this proverb in Israel." (Ez. 18:2-3) We long for freedom from this destructive chain, for ourselves and for the people we love.

At this conference we will explore the dynamics of addiction, codependence, and dysfunctional families. Then we will explore the rich resources available to set us free. We feel especially excited to have a powerful team of leaders. Fr. Jack McGinnis, Dr. Susan Stanford, and Dr. Vincent Rue will join Francis and Judith who have been reading, praying and preparing all year for this conference. Participants will benefit from teachings, healing services, and small groups for processing what they are experiencing. Please don't miss this profound opportunity to find healing for yourself and your family!

Enclosed in this newsletter you will find a brochure giving full information about our Annual Conference, and your registration form. Please complete and return it soon. Thanks!

*If you wish to read about the focus of our February Conference...*

## Resources on Addiction & Codependence:

To order, mark quantities, and complete info on the back side.

\_\_\_ Beattie, Melody. Codependent No More \$8.95 903-655 Drawing on her own experience, the author introduces us to the ways almost all of us suffer from codependence. Details many aspects of the affliction, their ongoing effects, and opportunities for healing.

\_\_\_ Beattie, Melody. Codependent No More(Audio) \$9.95 219482 Beattie reads segments of her book.

\_\_\_ Black, Claudia. It Will Never Happen to Me \$3.95 931-620 This ground breaking book has helped hundreds of thousands of adults who grew up in alcoholic families to understand what happened to them as a child, how those hurts continue to shape them as adults, and help them restructure their adult lives to live in health and freedom.

\_\_\_ Black, C. It Will Never Happen to Me(Audio) \$9.95 880581 Black shares from her book.

\_\_\_ Bowden, Julie & Herbert Gravitz. GENESIS: Spirituality in Recovery from Childhood Traumas \$6.95 939-803 Describes the last stage of recovery for adult children of alcoholic/ dysfunctional families...discovering and recovering a relationship with our Higher Power.

\_\_\_ Cermak, Timmen. A Time to Heal \$15.95 Cloth 880560 Cermak, a psychiatrist, founding member and first President of the National Association of Adult Children of Alcoholics, clearly explains the healing principles that have helped so many ACA's: honesty about the past, acknowledgement of one's powerlessness to control others' behavior, acceptance of one's own feelings without self-judgement, and acknowledgment that one cannot accomplish his or her own healing in isolation.

\_\_\_ Covington, Stephanie & Liana Beckett. Leaving the Enchanted Forest \$10.95 880-608 Solid guidance to recognize our addictive relationships - their enchantment - and discover, through new relationship skills, the rewards of responsible love.

\_\_\_ Friends of Recovery. Twelve Steps for Adult Children \$6.95 927-661 Based on the 12 steps of AA, this guide written by participants in Adult Children's groups, explores many of the dynamics of codependency that cripple lives, and applies the 12 steps to our lives to help us break free.

\_\_\_ Friends of Recovery. Twelve Steps for Christians \$7.95 880622 Based on the book Twelve Steps for Adult Children, the book also emphasizes the critically important relationship between the 12 steps and the practice of Christianity. Biblical citations confirm each step.

\_\_\_ Friends of Recovery. Twelve Steps: A Way Out \$14.95 927-662 A workbook adaptation of Twelve Steps for Adult Children, was designed to aid a person who grew up in an alcoholic or dysfunctional family in working through the steps to personal and family health. Detailed exercises to apply the 12 steps to your life may be used by individuals or groups.

\_\_\_ Friends of Recovery. Twelve Steps - A Spiritual Journey \$14.95 880623 Like the above, this workbook follows the 12 steps, also relating them to the Bible and Christian life. Contains explicit, detailed writing exercises for individual or groups at each step toward recovery.

\_\_\_ Larsen, Earnie. Old Patterns, New Truths: Beyond the Adult Child Syndrome \$9.95 880602 A complete workbook for recovery for adult children of alcoholic and other dysfunctional families, by nationally known lecturer and best-selling author.

\_\_\_ Larsen, Earnie. Stage II Recovery \$9.5 680-664 "I'm clean as a whistle and miserable! When do I get happy? Where do I go from here?" Dynamic speaker and pioneer thinker in the field of chemically dependency, Earnie Larsen, writes that sustained abstinence from an addiction is only the first stage of recovery. Rebuilding your life is the task of Stage II.

\_\_\_ Larsen, Earnie. Stage II Relationships \$5.95 862-002 Larsen outlines a second aspect of renewing the life of a person after sustained abstinence has been achieved, rebuilding relationships with others.

\_\_\_ McConnell, Patty. Workbook for Healing Adult Children of Alcoholics \$10.95 880484 A workbook for an individual to use to:

evaluate childhood experiences, resolve lingering painful feelings, modify childhood perceptions, develop self-esteem, transform coping mechanisms, forgive others, and build a strong sense of self and peace of mind.

\_\_\_ Schaeff, Anne Wilson. When Society Becomes an Addict \$8.95 860-956 This extremely clear author convicts us all, and society as a whole, of being addicts...people constantly chasing a fix from alcohol, food, power, work, etc. She then offers beginning insights about turning around the destructive, addictive process.

\_\_\_ Schaeff, Anne Wilson. Co-Dependence \$7.95 680-672 The most clear description of codependence available. Challenges churches, counsellors and families on the most basic issues.

\_\_\_ Schaeff, Anne Wilson. The Addictive Organization \$16.95 Cloth 934-887 If your church, business, or other organization is not functioning with the health you would hope for, this book may be for you. Schaeff details the ways our institutions become sick through the process of addiction, and suggests a start on the road to health.

\_\_\_ Wegscheider-Cruse, Sharon. Choice-Making \$9.95 855-766 The founding Board Chairperson of the National Adult Children of Alcoholics describes a process of recovery from codependence for children through adults, focusing on the freedom we can take to make choices: to be freed from the roles that have imprisoned us, and freed for a life of deep spiritual fulfillment.

\_\_\_ Wegscheider-Cruse, Sharon. Learning to Love Yourself \$7.95 904-18x This guide to finding self-worth shows us how to get rid of toxic, self-defeating messages and choose positive changes, so that we can finally love ourselves, a powerful element in the healing process for persons with addiction and codependence problems.

\_\_\_ Wegscheider-Cruse, Sharon. Understanding Me \$13.95 855-855 In addiction and codependence a person often fails to discover who they really are, and to sense themselves as valuable. This workbook helps a person in exploring their memories, identity and worth.

\_\_\_ Wegscheider-Cruse, Sharon, and many others. Alcoholism: A Family Matter \$6.95 892-204 A collection of articles by leaders in the treatment of substance abuse and codependency including "The Family Tree", "Alcoholism and Incest", "Relapse - The Family's Involvement", "Sexuality During Recovery", "Family Violence", "Grief & Loss - Constant in an Alcoholic Family", "Nutrition and Dysfunctional Families", "Family Intervention", and many others.



*food for thought*

## Resources on Dysfunctional Families:

(See other titles under Addiction & Codependence.)

\_\_\_ Bradshaw, John. Bradshaw on: the Family \$9.95 939-802 Based on the TV series, Bradshaw focuses on the dynamics of the family, how attitudes learned while growing up become encoded within each family member. Bradshaw, thought this life-affirming book, guides us out of dysfunction to wholeness...

\_\_\_ Bratton, Mary. Guide to Family Intervention \$6.95 939-276 A guide to family members and counsellors presenting a step-by-step process for confronting an alcoholic or chemically dependent person with the problem of their addiction.

\_\_\_ Smith, Ann W. Grandchildren of Alcoholics \$8.95 880576 Focusing on the problems of those living in families where a grandparent was or is an alcoholic, this book shows the origins of dysfunctional parenting skills, defining problems and attempting solutions.



## Resources on Eating Disorders:

### Anorexia & Bulimia:

\_\_\_ Bruch, Hilde. Golden Cage: The Enigma of Anorexia Nervosa \$3.95 880591 Dr. Bruch of the Baylor College of Medicine is one of the most successful practitioners treating anorexics. In this book she presents 70 detailed case histories...which give a vivid picture of the disease's possible causes, its effects, and the treatments that have worked.

\_\_\_ Landau, . Why Are They Starving Themselves? \$4.95 880567 A first-rate, much-needed explanation of two eating disorders that have begun to appear more and more...among teenage girls and young women...a well balanced combination of general information, personal accounts...as well as the difficulties involved in their treatment.

\_\_\_ Sours, John A., MD Starving to Death in a Sea of Objects \$26.00 Cloth 880572 An extensive, clinical psychological resource on the diagnosis and treatment of anorexia nervosa by a prominent psychiatrist.

\_\_\_ Levenkron, S. Best Little Girl on the World \$3.95 880589

\_\_\_ Levenkron, S. Treating and Overcoming Anorexia \$3.95 880590

\_\_\_ Sacker, Zimmer. Dying to Be Thin \$12.95 880588

### Overeating:

\_\_\_ Chapan, Marie & Neva Coyle. Free to Be Thin \$5.95 420-409 A key resource used by Overeaters Victorious which links learning how to eat with how to live. The 22 chapters lead you through many life issues, and each one concludes with specific homework and powerful prayers.

\_\_\_ Coyle, Neva. Free to Be Thin. Study Guide #1: Getting Started \$2.95 417-890

\_\_\_ Coyle, Neva. Free to Be Thin. Study Guide #2: Discipline \$2.95 417-947

\_\_\_ Hazelden. Food For Thought (Audio) 880582 \$9.95 Daily devotions for people with eating disorders from the popular audio series helping people with addictions and codependency.

\_\_\_ L., Elizabeth. Twelve Steps for Overeaters \$7.95 880571 From the author of Food for Thought and Listen to the Hunger, comes this in-depth interpretation of the Twelve Steps of the Overeaters Anonymous recovery program for compulsive overeaters.

### My Prayer Requests:

### ORDERING INFORMATION:

Name: \_\_\_\_\_ ID# (from mail label) \_\_\_\_\_ Tel.:(\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

(if different from mail label)

City, State, Country: \_\_\_\_\_ Zip: \_\_\_\_\_

To cover shipping, please add \$1 plus 6% of total order.

Fla residents add 6% tax, Vt. residents 4%.

Payment may be check, money order, or credit card in American funds. VISA or MASTER CARD

No. \_\_\_\_\_ Exp. Date: \_\_\_\_ / \_\_\_\_ Signed: \_\_\_\_\_

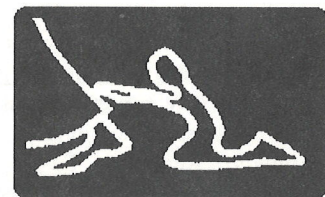
**Please send your requests, orders and /or commitments to:**

**Christian Healing Ministries Bookstore**

**or Christian Healing Ministries**

P.O.Box 303, Fair Haven, VT 05743 Tel. 802-265-8605

P.O. Box 9520, Jacksonville, FL 32208 Tel 904-765-3332



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### Inside this issue:

An Update from Francis on CHM finances  
and the opportunity to become  
a committed supporter

### News about February Conference:

Healing for Addictions, Codependency  
and Dysfunctional Families

### Reviews of New Resources

on Addictions & Codependence

**Weekend Conference Planned for March  
in New Jersey:**

An Introduction to Healing for 1,000 people

Christian Healing Ministries# 294  
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